

# St. Felicitas Catholic Church

1662 Manor Blvd. San Leandro, CA 94579

Email: [stfelicitaschurch@comcast.net](mailto:stfelicitaschurch@comcast.net)

Telephone Number (510) 351-5244

February 15, 2026

• 6TH SUNDAY IN  
ORDINARY TIME •

LET YOUR  
"YES"  
MEAN "YES."



## Mass Schedule :

### Chương Trình Thánh Lễ / Horario para Misas

#### Sunday / Chúa Nhật / Domingo

7:30 am - 9:00 am - 10:30 am (English)

12:30 pm (Spanish) 4:30 pm (Vietnamese)

#### Saturday / Thứ Bảy / Sábado

7:00 am - 4:00 pm (Vigil)

#### Daily / Ngày thường / Diariamente

(Monday to Friday) 7:00 am & 8:15 am

*The Blessed Sacrament is exposed everyday from 9:00 am to 4:00 pm in the Chapel at the St. Joseph's Center (the Parish Office). We encourage all our parishioners to visit the Chapel and spend time with our Blessed Lord.*

## Sacraments / Các Bí Tích / Sacramentos

### Reconciliation / Giải Tội / Reconciliación

Monday to Friday - 7:30 am to 8:00 am

Saturday, 3:00 p.m.– 4:00 p.m. or by appointment.

### Marriage / Hôn Phối / Matrimonio

Arrangements to be made 6 months prior to the wedding.

**Baptism :** If you are planning to have your child baptized, parents must be registered members of the parish for at least six months. For more information call the parish office at (510) 351-5244.

We have Baptisms in English on the 4th Sunday of the month at 2:00 pm and Baptism classes for parents and godparents will be on the 2nd Wednesday of the month at 7:00 pm - St. Mary's Center.

## Parish Office Hours/Giờ làm việc VPGX / Horario de Oficinas

Monday / Thứ Hai / Lunes to 9:00 am to 4:00 pm  
Friday / Thứ Sáu / Viernes

## Parish Staff /Nhân viên của Giáo xứ / Personal de la Parroquia

Rev. Peter D. Ngo, *Pastor* 347-1286

Fr. Rinto Puthussery - *In Residence*

Fr. Anthony Huang Le - *In Residence*

Deacon Timothy Myers, RCIA./Pastoral Care 347-1283

[timothykentmyers@gmail.com](mailto:timothykentmyers@gmail.com)

Sharon Clancey, *Office Secretary* 351-5244

Maria Castillo, *Spanish Coordinator* 347-1293

Mildred de Sousa, *Bookkeeper/Bulletin* 351-5244

## Parish School

Shannon Bellison, *Principal* 357-2530

1650 Manor Blvd. Fax: 357-5358

## Catholic Youth Organization (CYO)

Theresa Legaspi : [saintfelicitascyo@gmail.com](mailto:saintfelicitascyo@gmail.com)

## Religious Education Office

Sandi Walton, *Director of Religious Education* 347-1282

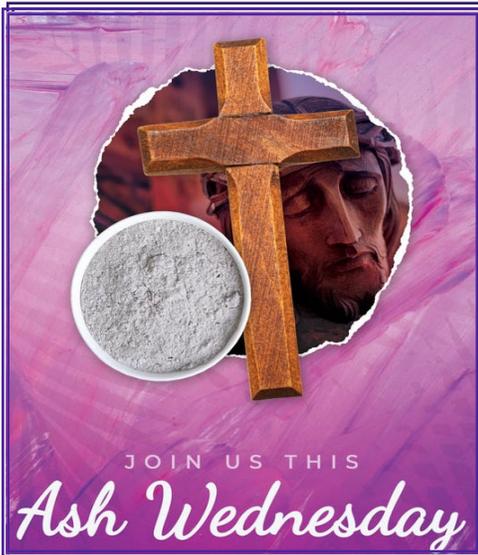
[stfelicitasccd@comcast.net](mailto:stfelicitasccd@comcast.net)

## Youth Ministry

Geri Lara, *Youth Services* 326-5693

[stfelicitasconfirmation@yahoo.com](mailto:stfelicitasconfirmation@yahoo.com)

St. Vincent de Paul-Call Center 510-638-7600



**February 15, 2026 -  
6th Sunday in Ordinary Time**  
*Sunday's Readings: Sirach 15:15-20; Ps 119:1-2, 4-5, 17-18, 33-34; 1 Corinthians 2:6-10; Matthew 5:17-37 or 5:20-22a, 27-28, 33-34a, 37*

**The Holy Season of Lent is fast approaching  
Ash Wednesday - February 18th**

Please bring your blessed palms from last year to the church vestibule where baskets are available or you may bring them to the parish office by noon on Tuesday, February 17th. They will then be burnt for ashes to be used on **Ash Wednesday, February 18th.**



**Ash Wednesday**

Good stewards realize they really don't own anything. It all belongs to God. It is not so much that God owns them, but they are not ours because we are called to offer them to him.

The reality is that you and I were born naked and with nothing. We will die naked and with nothing. If we really could possess something material, there would be a way to take it with us. But alas, it all slips through our grasp and passes away. And even though all of us came from dust and to dust we will return, through Jesus Christ we will live forever in a perfect state. **The only thing we can take with us? Our hearts and whether or not we loved.**

**Lent begins on Ash Wednesday, February 18th**



*We are all invited to begin this Lenten journey together. Join us for Ash Wednesday Mass and distribution of ashes.*

**MASS SCHEDULE AS FOLLOWS**

**English :7:00 am; 9:00 am (school children) and 5:00 pm**  
**Spanish: 6:30 pm : Vietnamese 8:00 pm**

**Ash Wednesday** is a day of fasting & abstinence for adults between the ages of 18 and 59.

Abstinence (not eating meat) is required starting at age 14. At age 18 fasting is required as well. Fasting is defined as one full meal with minimal food at the other two meal times. Exceptions are medical/poor health and those whose work necessitates 3 full meals.

**Gospel Reflection** :A few years into my priesthood, I hit a wall. I had taken on too many commitments: Masses, meetings, ministries, projects. I couldn't keep up. I was double-booking, forgetting things, running late, and letting people down. My boss at the time, a wise priest, and our shared secretary, noticed. For my birthday, the two gave me a stack of 100 flashcards, each with one word printed in a different language: "NO." It was funny, but also painfully true. If I couldn't say no, my yes was in danger.

In this Sunday's Gospel, Jesus says, **"Let your 'Yes' mean 'Yes,' and your 'No' mean 'No.' Anything more is from the Evil One"** (Matthew 5:37). He's not just giving advice about polite speech. He's showing us something about the freedom of Christian discipleship. The follower of Christ is called to speak clearly, simply, and honestly. There is joy in that kind of freedom.

The Church Fathers often linked this kind of straightforward truthfulness with spiritual maturity. The devil is the father of lies, but Jesus is the Word made flesh. When we hedge, flatter, exaggerate, or avoid, we open space for the shadows to creep in. That little stack of flashcards reminded me that God does not want us enslaved to the expectations of others or to the fear of disappointing them. He wants us to enjoy the peace of saying yes and meaning it, and saying no, and meaning it, too.

**Lenten Challenge:** Practice one moment of honest, peaceful speech this week. Maybe it's a sincere "yes" to something important, or a humble "no" to something you cannot do. Let it be a quiet step into the freedom Jesus offers.

— Father John Muir ©LPi

# PARISH NEWS AND EVENTS

## EVENTS & ANNOUNCEMENTS

*Parish Offering for February 8th, 2026 :*

*Sunday Collection : \$ 9,529.00*

*Second Collection this Sunday : Building Fund  
Second Collection next Sunday : St. Vincent de Paul*

*Thank you for your continued generosity!*

### Vietnamese Lunar New Year - 2026

The Vietnamese Community will be celebrating the Lunar New Year this Sunday, February 15, 2026. There will be Holy Mass at 2:30 pm in the church followed by a celebration in the Gym. All are welcome.

### President's Day

The Parish Office will be closed on Monday, February 16th for Presidents' Day. We will be open on Tuesday, February 17th at 9:00 am.



### WALK WITH CHRIST STATIONS OF THE CROSS - LENT 2026

We begin our Stations of the Cross on Friday, February 20th. The schedule is as follows :

Every Friday : 7:00 pm in English  
Every Wednesday : 7:00 pm in Spanish  
Every Sunday : 4:00 pm in Vietnamese

The Stations of the Cross on February 20th will be conducted by the Knights of Columbus. Please join our parish community during Lent and be a part of this traditional Lenten practice.

### Readings for the week of February 15, 2026

Mon: James 1:1-11; Ps 119:67, 68, 71, 72, 75, 76;  
Mark 8:11-13  
Tues: James 1:12-18; Ps 94:12-13a, 14-15, 18-19;  
Mark 8:14-21  
Wed: Joel 2:12-18; Ps 51:3-4, 5-6ab, 12-13, 14 & 17; 2  
Corinthians 5:20-6:2; Matthew 6:1-6, 16-18  
Thurs: Deuteronomy 30:15-20; Ps 1:1-2, 3, 4 and 6;  
Luke 9:22-25  
Fri: Isaiah 58:1-9a; Ps 51:3-4, 5-6ab, 18-19;  
Matthew 9:14-15  
Sat: Isaiah 58:9b-14; Ps 86:1-2, 3-4, 5-6;  
Luke 5:27- 32

**The Knights of Columbus** will be having a special event for all parishioners to communicate some of the family protection benefits, retirement, and charitable giving. **This will be a webinar in Spanish on February 24<sup>th</sup> at 5.00 pm.** For more information visit : <https://bit.ly/498upov>

## PARISH MINISTRIES & SCHEDULES

### Adult Confirmation

Classes every Saturday, at 9:00 a.m. at the St. Mary's Center. For more information contact Maria Lara-Puleo at (510) 877-2888 or email her at [maripazlara2211@gmail.com](mailto:maripazlara2211@gmail.com)

### Faith Formation

**English:** Director of Religious Education - Sandi Walton  
All Classes now in person. For information call (510) 347 1282  
**Spanish :** Marvin Ramos - President (510) 919-4314  
Maria Castillo - CCD (510) 347-1293  
Anavell Amezcua - Coordinator (510)825-2022  
(Quinceaneras/ Weddings / Funerals)

### Vietnamese: Mr. Hoang Hung

Classes: Sunday 1:00pm, Vietnamese Language  
3:00pm, Catechism

### OCIA-the Order of Christian Initiation of Adults

Meetings held in person at the St. Joseph's Center at 6:30 pm -  
Contact Deacon Timothy Myers

### Youth Ministry

Youth Confirmation - Contact Geri Lara

Classes now in person on the following days :

1st year Sunday at 9:00 am : 2nd year Sunday at 11:30 am

### Devotion to Our Lady of Perpetual Help

Every Wednesday morning after 7 am Mass

**Rosary Devotion** - Daily after the 7:00 am morning Mass

### Catholic Daughters

Catholic Daughters invite you to meet on the 3rd Monday of each month in St. Mary's Center at 6:30 pm. Contact Lorine Bakowsky at (510)461-7317 or email [cdacourtmqw@gmail.com](mailto:cdacourtmqw@gmail.com) for more information.

**Legion of Mary :** Meets every Wednesday at 5:00 pm in the St. Mary's Center. Contact the Parish Office at (510) 351-5244 for more information

**Knights of Columbus** - invites Catholic men to join. If interested please contact Carl Webb at (510) 8135957 or email [Carlwebb3@gmail.com](mailto:Carlwebb3@gmail.com)

**BSA and Cubs:** Come join the Cubs & Scouts-Ages 5 to 17. We meet every Tuesday at 7:00 pm in the Social Hall. If interested please contact Carl Webb at (510) 8135957 or email [Carlwebb3@gmail.com](mailto:Carlwebb3@gmail.com)

### Pray for those who serve in the armed forces



**Shianne Solomon - Sgt. Army**  
**Jamie Placheno - Sgt. Military**  
**Manuel Gonzalez-Cmdr. U.S.Navy**  
**Brian T. Lara - M.Sgt. Air Force**

**Troy Meno (Air Force)**                      **Brittany Manglona (Air Force)**  
**Ryland Toves - Navy**                      **Joey Mesa - Navy**  
**Julian Chan - Marines**                      **Kaden Milner - Military**  
**Capt. Matt Peñaranda-Army**                      **Marquis Loto - Navy**  
**Lt. Sam Davis - Navy**                      **Enzo Barcelona - Army**  
**MA Glory C.L. Newell - Navy**                      **Guyon Ducker - Marines**  
**IstSgt. Ron E. Hesson - Army**  
**Christopher Pangilinan - Military**

*If you know anyone who is serving please call the office*

**The Holy Father's Prayer Intention for February**  
 For children with incurable diseases : Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

**FRIDAY Lenten Meatless Meals**

The parish council is organizing the Lenten Meatless Meals to be served each Friday during Lent beginning Feb. 20th. Tickets will be sold after masses the weekend before each meal. Please join us. The Meatless Meal on Feb.27th will be organized by the Hispanic Community.



Court Mary Queen of the World  
 INVITES YOU TO A

**Baked Potato**

**LENTEN MEATLESS MEAL**

Friday, February 20, 2026

**\$10** PER PERSON

INCLUDES COLESLAW, ROLL AND CHOICE OF BAKED POTATO WITH BUTTER, SOUR CREAM, GREEN ONIONS, & CHEDDAR CHEESE SAUCE, OR VEGETARIAN CHIL AND CHEDDAR CHEESE SAUCE

TICKET SALES AFTER MASSES ON 2/14 AND 2/15

PICK UP ST. JOSEPH CENTER SIDE GATE, PARKING LOT DRIVE-THROUGH

PROCEEDS BENEFIT THE CHURCH BUILDING FUND



Catholic Daughters of the Americas  
 Court Mary Queen of the World #2400

Invite our Parish Sisters to a  
 Lenten Women's Retreat

"Tending to the Garden of  
 Your Soul with  
 St. Mary and the Saints"  
 with Deacon Tim Myers

Saturday, February 28th, 2026  
 9:30am to 1:00pm  
 St. Felicitas Church

**Schedule:**

- 9:00am Check In Church Vestibule
- 9:30am Adoration
- 10:00am Retreat Topics and Reflections
- 12:00pm Spaghetti Luncheon in the Social Hall
- 1:00pm Closing Prayer

Registration \$20 per person & includes lunch.  
 Call 510-461-7317 to register and for payment information.  
 Limited seating, register early.



Mass Intentions  
 Ý Lễ trong tuần  
 Intensions' para las

Week of  
 February 14,  
 2026

Sat.	02/14	4:00 pm	Jose Medeiros Silva †
Sun.	02/15	7:30 am	Judith Edrosolam †
		9:00 am	George,Helen &Sr. Chris Patrinos†
		10:30am	Parishioners
		12:30 pm	Jose Barragan & Sergio Silva†
Mon.	02/16	7:00 am	Ernesto C. La Rosa,Jr. †
		8:15 am	Eduardina Faria †
Tue.	02/17	7:00 am	Denia Requiron †
		8:15 am	Elizabete Silveira †
Wed.	02/18	7:00 am	Paz Villasper †
		9:00 am	Rudy Carranza, Jr. †
		5:00 pm	Parishioners ( English)
		6:30 pm	Parishioners (Spanish )
		8:00 pm	Parishioners (Vietnamese)
Thur.	02/19	7:00 am	Fr. Tran Thuc Dinh †
		8:15 am	Catherine A. Kelly †
Fri.	02/20	7:00 am	John Kenneth Requiron †
		8:15 am	Jose Vega †
Sat.	02/21	7:00 am	Jhustine Requiron (L-T)
		4:00 pm	Parishioners
Sun.	02/22	7:30 am	John M. L. Salvatierra (L)
		9:00 am	Thanksgiving - J. Chavez (L-T)
		10:30am	Paul Tolentino †
		12:30 pm	Librada Padilla &Ramon Calvillo †

L-Living †-Deceased A-Anniversary B-Birthday T-Thanksgiving H-Healing

**Pray for our sick relatives and friends**

Denise Abero	Grace Pehl	Mary Drayton
Jennifer L. Aguilar	Ruben Aguayo	Grace I. Robinson
Barbara O'Connor	Brian Keith Robinson	Tony Ysguerra
Sal & Marlene Costilla	Jeff Ibrahim	Evangeline Herrero
David Boles	Dan Bautista	Ana Estaniel
Joycelyn Garner	Raymond Bautista	Patricia Coffey
Michal Myers	Jezza Mae Salvatierra	Giana Sorbello
Tony Silveira	Ruben Reygoza	Jim Freitas
Felisimia Toste	Bill Siem	Magali Lazcano
Geoffrey Salvatierra	Jeff Ahlberg	Robin Homen
Luningning Hobbs	Erika Vargas	Tiana Lara
Virgie Mercado	Cathlyne Vargas	Lucille Oliver
Reynald Corldani	Mia Loto	Gordon DeVetter
Bernice Winslow	Tillie Gumataotao	Bob Carella
Martin Indalecio	Gary Siu	Jim White
Julie Chin	John Lara Salvatierra	Sheila Bickerton
Donald Solomon	Gilbert Castillo	
Leonie Solomon	Pauline Pham	

**Please pray for the deceased members of our Parish**



**Sr. Jean Louise Diskin, CSJ-Jan. 28th, 2026**

Sr. Jean was a teacher in St. Felicitas school for over 20 years. May she rest in God's peace.

# St. Felicitas Parish -Spanish-Speaking Community

**Domingo: Eclo 15, 15-20/Sal 118, 1-2. 4-5. 17-18. 33-34/1 Co 2, 6-10/Mt 5, 17-37 o 5, 20-22. 27-28. 33-34. 37**

## 15 de febrero de 2026 - VI Domingo del Tiempo Ordinario

En la Palabra de Dios de hoy, Jesús nos invita a observar una ley más perfecta. Nos llama a aprender a cumplirla, dando ejemplos concretos de cómo debemos comportarnos. El Salmo de hoy nos recalca lo siguiente: *“Felices los de conducta intachable, los que caminan en la ley del Señor. Felices los que guardan sus mandatos y lo buscan de todo corazón”* (Salmo 118:1-3). La dicha de ser feliz consiste en saber comportarse correctamente en cada circunstancia de la vida. ¿Cómo lograrlo? ¿A qué debemos aferrarnos para ser verdaderamente felices? Ya escuchamos las Bienaventuranzas el domingo antepasado, y con ellas hemos comenzado a practicar cómo vivir en esa felicidad que proviene de Dios. Guardar los mandatos del Señor, es decir, los Mandamientos, es la base de la moral cristiana, y el camino seguro hacia la Sabiduría de Dios. Esto significa estar conectados con Él siempre, por medio de la oración y los sacramentos.

San León Magno, en su sermón número 92 (1, 2, 3), decía: *“La virtud cristiana puede superar la de los escribas y fariseos, no por la supresión de la ley, sino por entenderla en un sentido más profundo. Por eso el Señor, al enseñar a sus discípulos la manera de ayunar, les dice: ‘Cuando ayunen, no anden cabizbajos como los hipócritas, que desfiguran su rostro para hacer ver a la gente que ayunan. Les aseguro que ya han recibido su paga.’ ¿Qué paga, sino la alabanza de los hombres?”* Señor, enséñanos a estar abiertos de todo corazón a tu Espíritu, ya que solo Él podrá empujarnos a practicar el amor, la justicia y la paz.

©LPi

### La cuaresma comenzara el 18 de Febrero (Día de ayuno y abstinencia)

Horario de Misas

Todos estamos invitados a comenzar ste viaje cuaresmal juntos. Unase con nosotros para la Misa del Miercoles de Ceniza y la distribucion de las cenizas.

7:00am y 5:00pm en Ingles

9:00am (Ingles, escolares)

**6:30pm Español**

8:00 pm (Vietnamita)



El Miercoles de Ceniza es un dia de ayuno y abstinencia (no comer carne) es obligatoria apartir de los 14 años. A los 18 años tambien se requiere ayuno. El ayuno se define como una comida completa o un minimo de comida en las otras dos comidas. Excepciones son para personas con problemas de salud medica y aquellos cuyo trabajo requiera 3 comidas completas

### Año Lunar Vietnamita –2026

La comunidad vietnamita celebrara el Año Nuevo Lunar este año el 15 de Febrero. Habra una Santa Misa a las 2:30p.m en la parroquia, seguida de una Celebracion en el Gimnasio.

Comenzamos nuestros Via Crucis el 25 de Febrero todos los miercoles a las 7:00pm en español hasta el 25 de Marzo.

Los invitamos a unirse con nosotros o con las otras comunidades de la parroquia los viernes a las 7:00pm en Ingles y 7:30pm en Vietnamita



**Iniciando la Cuaresme tendremos cada viernes venta de comida, las ganancias beneficiaran al fondo de construccion de la Parroquia, cada domingo se estaran vendiendo previamente los platillos**

La oficina estara cerrada el lunes 16 de Febrero por el dia de los Presidentes. Abriremos el martes 17 de Febrero a las 9:00am

### Se acerca la Cuaresma.

#### **Miércoles de Ceniza: 18 de Febrero.**

Por favor, traigan las palmas bendecidas del año pasado al vestíbulo de la iglesia, donde encontrarán cestas para depositarlas, o pueden entregarlas en la oficina parroquial antes del mediodía del martes 17 de febrero. Posteriormente, se quemarán para obtener las cenizas que se utilizarán el Miércoles de Ceniza

# St. Felicitas Parish Vietnamese Community

## MÙA THƯỜNG NIÊN

**Chúa Nhật:** Thánh Lễ lúc 4:30 chiều

**Thứ Sáu:** Châu Thánh Thể lúc 7:30 tối và  
Thánh Lễ lúc 8:00 tối

Văn phòng Giáo xứ mở cửa từ thứ 2 đến thứ 6 (9 giờ sáng đến 4 giờ chiều). Cùng với thời gian này, sẽ có Châu Thánh Thể trong Nhà Nguyện Thánh Giuse.

## Thông Báo

- Giáo xứ hiện đang cần các tình nguyện viên phụ giúp công việc tại văn phòng Giáo xứ. Vạy quý vị nào có nhã ý, xin liên hệ Sharon tại văn phòng theo số: 510-351 5244.

- Cộng đoàn Việt Nam sẽ tổ chức mừng Tết Nguyên Đán vào Chúa Nhật, ngày 15 tháng 2 năm 2026, bắt đầu với Thánh Lễ lúc 2h30 chiều, sau đó là tiệc mừng tại phòng “gym”.

- Xin quý vị mang những cành lá (được làm phép vào dịp Lễ Lá năm trước) đặt vào giỏ ở tiền sảnh nhà thờ hoặc mang đến văn phòng Giáo xứ trước buổi trưa thứ BA, ngày 17 tháng 2. Những lá này sẽ được đốt để làm tro, được dùng vào thứ 4-Lễ Tro (ngày 18 tháng 2).

- Văn phòng Giáo xứ sẽ đóng cửa vào thứ Hai, ngày 16 tháng 2 và sẽ mở cửa trở lại vào lúc 9h, thứ Ba, ngày 17 tháng 2.

- Xin mời quý vị đến tham dự sự kiện gây quỹ của trường thánh St. Felicitas vào thứ Bảy, ngày 21 tháng 2 lúc 5h chiều. Giá vé: \$90/1 vé hoặc \$1,100/ 1 bàn cho 14 người.

- Vào thứ Tư, ngày 18 tháng 2, Lễ Tro, Giáo xứ sẽ có các Thánh Lễ vào các giờ như sau: 7h sáng, 9h sáng, 5h chiều, 6h30 tối (tiếng Mỹ), và 8h tối (tiếng Việt). Xin quý vị Giữ Chay và Kiêng Thịt trong ngày này.

- Vào mùa Chay, Giáo xứ sẽ tổ chức Đi Đàng Thánh Giá vào mỗi tối thứ Sáu lúc 7h tối, theo thời khóa biểu sau:

- + Vào các tối thứ Sáu lúc 7h (tiếng Anh).
- + Vào các chiều Chúa Nhật lúc 4h00 (tiếng Việt).
- + Vào các tối thứ Tư lúc 7h (tiếng Mỹ).

Chương trình này sẽ bắt đầu vào thứ Sáu, ngày 20 tháng 2, phụ trách bởi “Knights of Columbus”.

## CÁC BÀI ĐỌC TRONG TUẦN

Thứ 2, 16/2: Gc 1:1-11; Mc 8:11-13

Thứ 3, 17/2: Gc 1:12-18; Mc 8:14-21

Thứ 4, 18/2: Ge 2:12-18; 2 Cr 5:20-6:2; Mt 6:1-6,16-18

Thứ 5, 19/2: Đnl 30:15-20; Lc 9:22-25

Thứ 6, 20/2: Is 58:1-9; Mt 9:14-15

Thứ 7, 21/2: Is 58:9-14; Lc 5:27-32

Chúa Nhật 22/2: St 2:7-9, 3:1-7; Rm 5:12-19; Mt 4:1-11

## CHÚA NHẬT VI-THƯỜNG NIÊN

**Mt 5:17-37**

### Công Chính Hơn

Suy niệm: Các kinh sư và biệt phái là những người giữ luật rất đúng, và cũng rất kiên định tới mức trở thành câu nệ hình thức cứng nhắc, khắt khe. Là bậc thầy trong dân, thay vì dạy dân sống tinh thần của Giao Ước thì, qua cách sống của mình, họ làm cho mọi người nghĩ rằng đức công chính chỉ gói gọn trong việc chu toàn lễ luật. Chúa Giê-su đòi hỏi các môn đệ không dừng lại ở những việc làm vụ hình thức mà phải “công chính hơn” tới mức hoàn thiện “như Cha anh em trên trời là Đấng hoàn thiện” (Mt 5,48); cụ thể là:

- Sâu xa hơn, không chỉ bề ngoài mà tận trong tâm hồn: có lòng giận ghét đã là giết người, có ý muốn ngoại tình đã là ngoại tình trong tư tưởng rồi.

- Bao dung hơn: không còn “mắt đền mắt, răng đền răng,” nhưng đưa cả má phải khi bị vả má trái.

- Triệt để hơn: nếu mắt, tay nên dịp tội cho mình thì hãy chặt nó đi.

Mời Bạn: Quan niệm sai lầm và hẹp hòi về đức công chính vẫn tiếp tục trong chúng ta, nếu bạn và tôi vẫn cứ coi việc sống đạo chỉ là đi nhà thờ, xem lễ và giữ những việc luật buộc. Đức công chính của người môn đệ Chúa Ki-tô đòi hỏi chúng ta vượt qua những hình thức bên ngoài để đạt đến điều cốt lõi là “Mến Chúa yêu người.”

Chia sẻ: Hành vi, cử chỉ nào của bạn và cộng đoàn đang cần “công chính hơn”?

Sống Lời Chúa: Làm việc bổn phận hoặc việc bác ái với lòng yêu mến chứ không vì bắt buộc hoặc vì lý do gì khác.

Cầu nguyện: Lạy Chúa, xin đừng để con tự mãn vì đã giữ những gì luật buộc, nhưng xin giúp con biết làm mọi việc chỉ vì mến Chúa và yêu người.

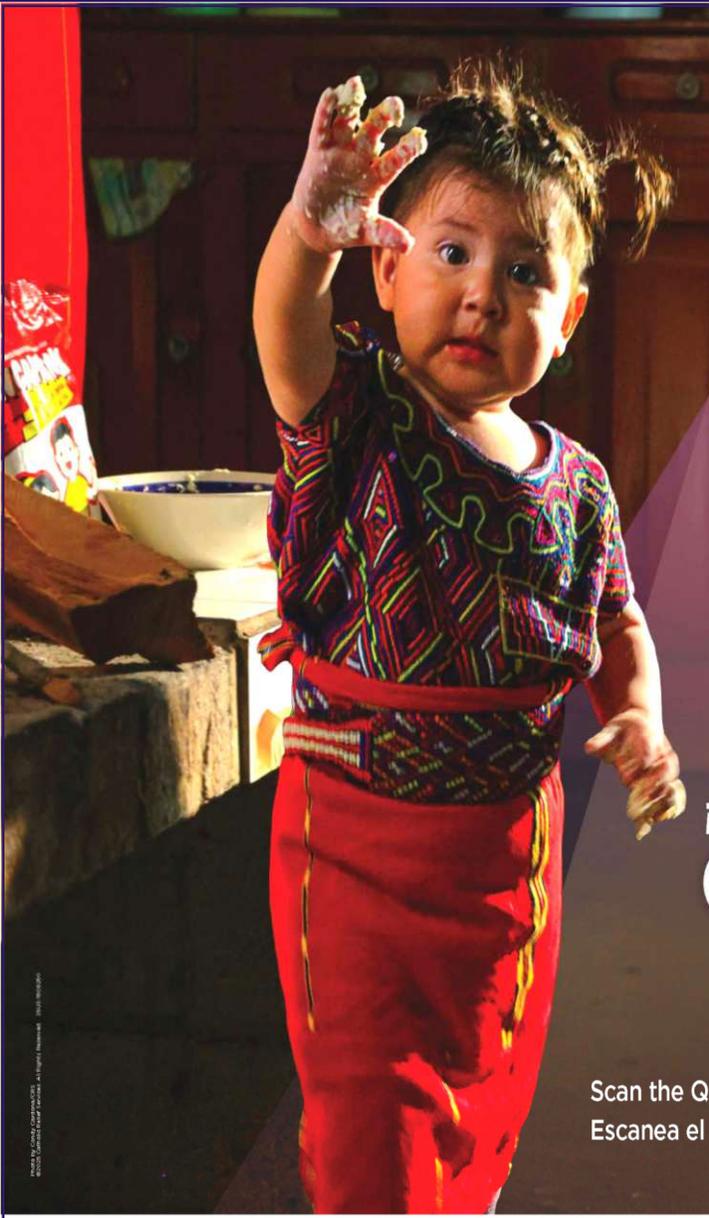


## CRS RICE BOWLS (Feb. 18th to April 2nd, 2026)

Over the past 50 years, Catholic Relief Service's **Rice Bowls** have become a staple on the table of Catholic families across the country during Lent. These CRS Rice Bowls encourage us to follow the Lenten practice of prayer, fasting, and almsgiving, calling each person to action through the calendar included with each bowl, and location-specific themed vegetarian recipes. The Rice Bowl collection is specifically focused on feeding the hungry around the world and in our own Diocese.

Join our faith community and nearly 14,000 Catholic communities across the United States, in a life-changing Lenten practice with CRS Rice Bowl. Pick up your family's cardboard CRS Rice Bowl from the parish office or on the tables at the doors of the church.

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Edward Jones

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