Sunday of Lent

A woman of Samaria came to draw water. Jesus said to her, “Give me a drink.”
John 4:7

Mass Schedule

Chương Trình Thánh Lễ / Horario para Misas

Sunday / Chúa Nhật / Domingo
7:30 am - 9:00 am - 10:30 am
12:30 pm (Spanish) 4:30 pm (Vietnamese)

Saturday / Thứ Bảy / Sábado
8:15 am - 4:30 pm (Vigil)

Daily / Ngày thường / Diariamente
(Monday to Friday) 7:00 am & 8:15 am

Holy Days / Lễ trọng bước / Dias Festivos
7:00 am 8:15 am 7:00 pm

First Friday Exposition
Thứ Sáu đầu tháng Châu Minh Thánh Chúa
Primer Viernes Exposición
Adoration in the Church from 9:00 a.m. to 12 noon

Parish Office Hours / Giờ làm việc VPGX / Horario de Oficinas

Monday / Thứ Hai / Lunes 9:00 am to 4:00 pm
Tuesday / Thứ Ba / Martes 9:00 am to 4:00 pm
Wednesday / Thứ Tư / Miércoles 9:00 am to 4:30 pm
Thursday / Thứ Năm / Jueves 9:00 am to 4:30 pm
Friday / Thứ Sáu / Viernes 9:00 am to 12:30 pm

Sacraments / Các Bí Tích / Sacramentos

Reconciliation / Giái Tội / Reconciliación
Saturday, 3:15 p.m.- 4:00 p.m. or by appointment.

Baptism / Rửa Tội
4th Sunday of every month at 2:30 p.m.
Contact Parish Office for information.

Bautismos
Tercer Domingo del mes a la 1:30 P.M.
Para más información en Español puede llamar al numero (510) 347-1293

Marriage / Hôn Phối
Arrangements to be made 6 months prior to the wedding.

Matrimonio
Los arreglos deben hacerse con seis meses de anticipación a la fecha deseada. Más información? puede llamar (510) 347-1293

EMERGENCY / KHÁN CẤP / EMERGENCIA

During non-office hours call or text
(510) 470-8820
My dear Parishioners,

This is a Memorandum from the Bishop’s Office regarding the Coronavirus Outbreak.

MEMORANDUM

TO: ALL PRIESTS AND PARISHES OF THE DIOCESE OF OAKLAND

FROM: BISHOP MICHAEL C. BARBER, SJ +MB0Y

SUBJECT: LITURGY DURING CORONAVIRUS OUTBREAK UPDATE #2

DATE: MARCH 11, 2020

My staff and I continue to monitor the recommendations of local health officials as the coronavirus affects the lives of all our parishioners in Alameda and Contra Costa counties. Based on the latest guidance I received from the health officials March 10, 2020, the Diocese of Oakland has updated its recommendations for the parishes.

In addition to encouraging people to follow good hygiene guidelines we previously announced, the diocese is further recommending:

1. Those over age 60 are encouraged to isolate themselves in an abundance of caution so as not to be exposed to the coronavirus. Those who are ill should stay home. This means the obligation to attend Mass for those over age 60 and for the ill is dispensed.

2. All social gatherings which can be rescheduled, postponed or cancelled, should be. This would include both fun events (such as fish fries) and fundraisers. It would also include voluntary adult faith formation events (i.e. adult Bible Studies). We leave it to the pastor’s discretion regarding parish business meetings. Confirmation and First Communion classes may continue.

3. For the Mass and any gathering that is still happening, we strongly encourage people to maintain a social distance (more than one arm’s length) as much as possible.

4. Our churches will remain open at this time, so that people may attend Mass and receive the sacraments.

5. I join Pope Francis in encouraging priests to visit the sick and administer Anointing of the Sick for the seriously ill.

These guidelines will stay in place until further notice. Understand the coronavirus situation is fluid and the diocesan staff will provide new guidelines whenever guidance from our local public health professionals necessitate.

Please continue to pray for all nations throughout the world and for all the victims of the virus.

Have a blessed Lenten journey

Father Tom
Catholic Relief Services Collection

Next week, our parish will take up The Catholic Relief Services Collection (CRSC). Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ’s love and mercy to all people here and abroad. Next week, please give generously to the CRSC and help Jesus in disguise. Learn more about the collection at www.usccb.org/catholic-relief.

• All Fridays of Lent are days of abstinence.
• Abstinence - Not eating meat (14 years & older)

STATIONS OF THE CROSS

Every Friday in the Church at 7.00 pm during Lent.

This Friday, March 20th, the Stations of the Cross will be conducted by the Catholic Daughters.

In the spirit of the Lenten Season, please join us as a parish community for our celebration of God’s forgiveness.

CRS Rice Bowls: We are half way through lent, if you have not picked up your CRS Rice Bowl and Lenten Calendar please do so, they are available in the vestibule or at the parish office. The Bowls will be collected on Holy Thursday. For more information visit crsricebowl.org. Thank you for participating in CRS Rice Bowl.

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On this Third Sunday of Lent, parishes celebrate the “First Scrutiny” of the Elect. The Elect come before God and scrutinize their lives in light of the Gospel. The Elect are prayed for that “they may reject everything in their lives that is contrary to Christ.”

Please pray for the Elect.

EASTER FLOWERS FOR OUR ALTAR

Want to remember a loved one or your family at Easter? Envelopes for your donation are available at all the exits of the Church. Put your donation in the envelope and complete the information on the front and drop it in the collection basket or bring it to the parish office.

Your donations will be used to make our altar beautiful as we welcome our Risen Lord. All donations must be received by April 6th.

FOR DAILY BIBLE READINGS
go to http://www.usccb.org/bible/readings/

Pray for those who serve in the armed forces

John Michael Salvatierra U.S. Navy
Lt. Matthew Penaranda U.S. Army
Lt. Cndr. Benjamin Sacramento, Jr. U.S.N
Ryane Preciado U.S.A.F.
Joshua Cedillo U.S.A.F.
Sgt. Kevin I. Oitait U.S. Army

Pray for the deceased and their families

Arthur Frazee - March 2, 2020
Carlos Diaz - March 7, 2020
HONESTIDAD Y APERTURA CON DIOS

La historia de las quejas y amenaza de sedición de los israelitas, y la respuesta de Dios en nuestra lectura de hoy del libro del Éxodo, aborda las dificultades de la vida de fe. Aquellos que ponen su vida en las manos de Dios, como Israel lo hizo al seguir a Moisés en el desierto, quizá pronto enfrenten momentos desconcertantes y terribles. Algunas veces, desperdiciamos lo que pensamos necesitar, o de alguna manera encontramos dificultades para obtener lo que realmente necesitamos. En nuestras vidas ocupadas, poco a poco es fácil olvidar la presencia y acción de Dios en medio de nosotros.


AYUNO Y ABSTINENCIA

AYUNO
Un excelente medio para crecer espiritualmente Implica una comida completa; dos menores y no comer comidas. Edades, 18 a 59 años.

ABSTINENCIA
Privarse de comer carne (a partir de los 14 años de edad)
Todos los Viernes de Cuaresma son días de absti-
nencia. Están excluidas las personas con alguna condición especial de salud.

El servicio de Reconciliación o confesión-
para la Cuaresma, será
el 7 de Abril a las 7:00 P. M.

Vivamos nuestra espiritualidad cuaresmal y también recordemos que es un manda-
miento de nuestra santa Madre la Iglesia.

Lecturas de hoy: Ex 17:3–7; Sal 95 (94):1–
2, 6–7, 8–9; Rom 5:1–2, 5–8; Jn 4:5–42 [5–
15, 19b–26, 39a, 40–42]
CHÚA NHẬT III MỪA CHAY – NẤM A
Suy Niệm: Ga 4:5-42
“Chỉ cho tôi xin chút nước ương!”

Và nước tôi cho sẽ trở thành nơi người ấy một mạch nước ướt:len,
dem lại sự sống đời đời.”

Goi Ý Suy Niệm:
1. Khi chìm ngắm Đức Giêsu trong đoàn Tin Mừng trên dạy, bạn thấy đâu là những thái độ cần thiết mà người rao giảng Lời Chúa hôm nay cần có?
2. Con người đời khát cơ gai và nước ương tinh khiết. Theo ý bạn, giới trẻ hôm nay đời khát điều gì hơn cả (tình bạn, tình yêu, lòng tin, niềm hy vọng, ý nghĩa cho cuộc sống, sự trung thực...)? Kitô giáo có thể giúp gì cho giới trẻ?

LỜI NGUYÊN TẤT TRONG MƯA DỊCH COVID-19
"GIÊSU - MARIA - GIUSE, Con Mến Yêu.
Xin Cứu Rỗi Các Linh Hàn.”

Giêsu Maria Giuse con mến yêu.
Xin đầy lui dịch bệnh đang lây truyền ở Trung Hoa và trên toàn thế giới.

Giêsu Maria Giuse con mến yêu.
Xin hướng dẫn lòng tấm các nhâ nhân, soi sáng các kinh học gia và thêm sức cho các nhân viên y tế.

Giêsu Maria Giuse con mến yêu.
Xin tiếp sức cho các bệnh nhân, cứu độ người ra đi, và nâng đỡ an ủi những gia đình tang che.

Giêsu Maria Giuse con mến yêu.
Xin gìn giữ con, gia đình họ hàng con và quê hương đất nước con. Amen.
Joseph, someone once joked, was indeed the perfect husband: the only major character in Jesus’ story who never utters a word! But the Gospel recounts and the liturgy celebrates his silent witness of faith-filled deeds: “With a husband’s love he cherished Mary, the Virgin Mother of God; with fatherly care he watched over Jesus” (Preface of Saint Joseph, Sacramentary). Catholic devotion, therefore, hails him as patron-protector of the universal Church. Some cultures set a festive “Saint Joseph’s Table,” welcoming the poor and strangers to feast with family and friends. Tradition keeps today as the anniversary of his death, which we presume was peaceful, with Jesus and Mary present. Thus, Catholics invoke Joseph as Patron of a Happy Death. Descended from David’s house, which God finished “building” through Joseph’s provision of a home for Mary and Jesus, he was, fittingly, a carpenter by trade; thus, patron of workers. Spring, nature’s rebirth, begins between his feast and Annunciation (March 25), appropriately, since Joseph’s silent obedience and Mary’s “Let it be done to me according to your word” (Luke 1:38) usher in humanity’s spiritual rebirth.

—Peter Scagnelli, Copyright © J. S. Paluch Co.

**Prayer to St. Joseph**

Blessed St. Joseph, I consecrate myself to your honor and give myself to you, that you may always be my father, my protector and my guide in the way of salvation. Obtain for me great purity of heart and a fervent love of the interior life. After your example, may I perform my actions for the greater Glory of God, in union with the Divine Heart of Jesus and the Immaculate Heart of Mary. Pray for me, Saint Joseph, that I may experience the peace and joy of your holy death. Amen.

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**Welcome New Parishioners!**

If you are not currently registered, please take a moment to fill this out and return it to the parish office, or you may drop it in the collection basket so we may contact you.

Name: ______________________   Phone: ________________   Email: ______________________

Address: ______________________   City: _______________________   Zip Code: _______________

__ Updating Parish Information   __ New Parishioner   __ Put on mailing list

__ Send Sunday Envelopes   __ New Address